

## O/W Cream (Face or body)

### Ingredients

Phase	%w/w input	Ingredient
A	68.90	Water
A	5.00	Honey
B	5.00	Glycerin
B	0.30	Xanthan gum
C	1.50	Glyceryl Stearate Citrate (Dracorin CE)
C	5.00	Cetearyl Oliviate, Sorbitan Oliviate (Olivem 1000)
C	3.00	Coconut oil
C	5.00	Caprylic/Capric Triglycerides (Myritol 318)
C	3.00	Shea butter
D	0.80	Naticide
D	0.30	Vanilla (Vanilla planifolia) oil
D	1.00	Acai fruit extract
D	1.20	Tocopherol - d-alpha 70%
	q.s.	pH Adjuster

### Method

1. Measure out phase A.
2. Combine phase B to form a slurry. Add to phase A and stir through until a homogenous gel forms.
3. Heat phase A/B to 75°C. Combine phase C and heat to 75°C. Add phase C to phase A/B under high shear stirring and mix until a smooth, glossy, homogenous emulsion forms.
4. Allow mixture to cool under low shear stirring until <40°C. Add phase D and stir through under low shear until homogenous.
5. Allow to cool <25°C. Check/adjust final pH to 5 - 5.5. Product will need overnight to thicken fully, do not evaluate it on the day you make it. Cover and give a final stir the next day before pouring off.